



THE COUNTY ASSEMBLY OF THARAKA NITHI
SECOND ASSEMBLY – (FIFTH SESSION)

VOTES AND PROCEEDINGS

TUESDAY, SEPTEMBER 21st, 2021 AT 2.30 P.M.

1. The Assembly assembled at thirty minutes past two o'clock.
2. The proceedings were opened with Prayer said by the Hon. Speaker.
3. **MOTION - PROMOTION OF MENTAL HEALTH SERVICES FOR MOTHERS.**

(Hon. Anita Karimi, MCA)

NOTING THAT, according to the World Health Organization, a significant number of women who have just given birth experience a mental condition, referred to as perinatal depression, this is higher in developing countries with 15.6% during pregnancy, and 19.8% after child birth;

COGNIZANT THAT Tharaka Nithi County may be experiencing the same challenges considering that it's part of Kenya which is considered as a developing country;

FURTHER AWARE that women who go through still birth and those that lose their children during delivery are taken to the general maternity ward where other mothers with healthy babies are recovering, causing them mental anguish and adversely impacting their mental health;

APPRECIATING THAT the Health Act under section 6 (1) (b) provides that every person has a right to reproductive health care which includes enabling mothers to go safely through pregnancy, childbirth, and the postpartum period taking into account the recommendation by the National Mental Health Taskforce in its "Mental Health and Wellbeing towards Happiness and National Prosperity" report on the integration of mental health in perinatal care;

NOW THEREFORE, the County Assembly urges the Department of Health and Medical Services to:

- i. Facilitate continuous mental health training and education and provision of counseling support to all care providers in the County.
- ii. Establish a counseling desk in all Sub County hospitals.
- iii. Partner with the National Government in provision of counseling support to the victims of miscarriage and still birth.

Order read;

Motion made and question proposed;

Debate arising;

There being no other member wishing to contribute;

Mover replied;

Question put and agreed to.

RESOLVED ACCORDINGLY;

THAT, the County Assembly urges the Department of Health and Medical Services to:

- i. Facilitate continuous mental health training and education and provision of counseling support to all care providers in the County.
- ii. Establish a counseling desk in all Sub County hospitals.
- iii. Partner with the National Government in provision of counseling support to the victims of miscarriage and still birth.

7. **COUNTY ASSEMBLY ROSE** - at thirty minutes past three O'clock.

MEMORANDUM

*The Speaker will take the Chair on
Tuesday 28th September 2021 at 9.30 a.m.*

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